The Shadow Star block is a 10.5" block and will finish at 10" in your quilt. The kit uses 3 different fabrics; a light, a medium, and a dark. The pieces are as follows: 1 - dark 4.5" square (center square) 8 - light 2.5" squares, 1 - medium 2.5" square. There are 4 - dark/light HST, 4 - dark/medium HST, and 4 - medium/light HST.

The dark fabric is the star, the medium fabric is the shadow, and the light fabric is the background. Start by sewing all 12 of the HST (chain piecing). Press 2 of the HST from each color set toward the darker fabric, and press the other 2 from each color set toward the lighter fabric. This is so the seams will nest. Now place the pieces as shown in this picture. As you go around the center square, place the HST that is pressed toward the lighter color on the right, and the one pressed toward the darker color on the left.

Rows 2 & 3 - Next sew together the 2 dark/light HST to the left of the center square, and the 2 dark/medium HST to the right of the center square. Sew together the 1 medium/light HST and the 1 light square to the right of those. As shown in this picture.
Next sew the dark/light pair to the left side of the center square, then sew the dark/med HST pair to the med/light HST and light square pair. Now sew this set to the right side of the center square. As shown in this picture. Press the seams toward the center square. That completes rows 2 & 3. This should measure 10.5” x 4.5” after pressing.

Row 1 - Next sew together the dark/light HST in row 1, sew the light square to the left side of the row, and the 2 light squares to the right side of the row. Press the seams toward the squares. This completes row 1.
Row 4 - Then sew together the dark/med HST in row 4, sew the light square to the left side of the row, Pres those two seams toward the light square. Sew the medium square to the med/light HST, then sew that pair to the right side of the dark/med HST pair. Press both of those seams toward the medium square. This completes row 4.
Row 5 - Sew together 2 med/light HST and press the seam to the left, then sew together 2 light 2.5” squares. Sew the 2 light squares to the left of the med/light HST set. Press those seams toward the HST set. Sew one light 2.5” square to the right of the med/light HST set. Press toward the square. This completes row 5. Each of these rows should measure 10.5” x 2.5” after pressing.
Sew row 1 to row 2. Press toward center square.


The back of the block to show pressing. This is the end of the Shadow Star block instruction.

Addendum:
These blocks were designed to be sashed together. The seams will not nest if the blocks are joined without sashing. I used staggered sashings in my quilt. Sashing is NOT included in the block kits.
To use staggered sashings: First arrange the blocks that you are using for your quilt top.

* then sew a 2.5” x 10.5” sashing piece to the left side of each block in the first row. Sew a 2.5” x 12.5” sashing piece to the top of the first and every other block in the row. Then sew a 2.5” x 12.5” strip to the bottom of the other blocks in that row.
For the next row: sew a 2.5” x 10.5” sashing piece to the right side of each block, and a 2.5” x 12.5” sashing piece to the top of the first and every other block in that row. Then sew a 2.5” x 12.5” sashing piece to the bottom of the other blocks in that row. Repeat from * for all rows.

You may want to add a 2.5” strip to the sides, top, and bottom of your quilt top, for a balanced look. I have included a picture of a quilt that I made using the Shadow Star blocks and the sashing method that is described above. This is for reference only, I have not yet written a pattern for this quilt.