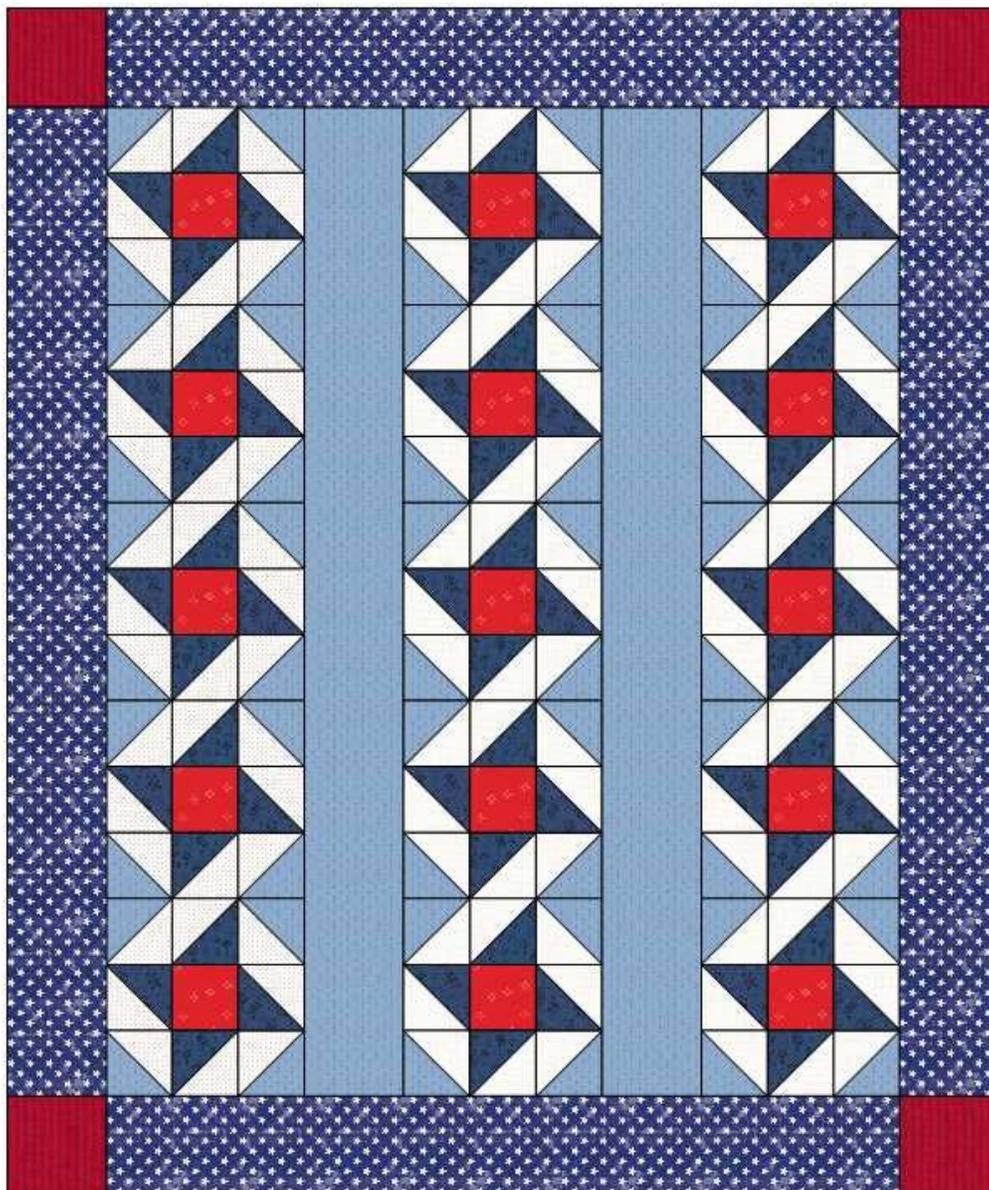


Stars of Courage

A free Quilt of Valor pattern

Designed by Julie Cefalu, The Crafty Quilter Designs
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Quilt size: 60" x 72" Block size: 12" square (finished)

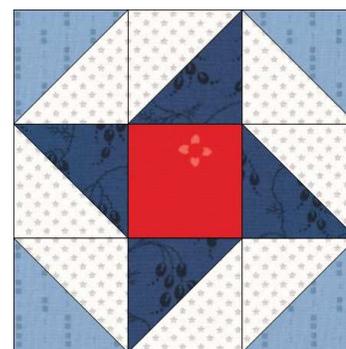


Quilt size: 60" x 72"



Fabric	Placement	Amount
Light blue	Background & plain columns	1 3/4 yards
Dark blue	Star points	2/3 yard
Red	Star centers & border corners	1/2 yard
White	Star ribbon	1 1/4 yards
Blue/white Stars	Border	1 1/3 yards
Binding		5/8 yard
Backing		3 3/4 yards

Use a variety of reds, whites and blues from your stash to make this quilt extra scrappy.



Please read through ALL instructions before beginning this project.

- All seams are made with a 1/4" seam allowance unless otherwise noted.
- WOF = width of fabric LOF = length of fabric
- RST = right sides together
- HST = half square triangle

Important Notes

- All half-square triangle units are made 8-at-a-time, over-sized and then **trimmed** to exact size.
- I normally press seams to the side and I've given instructions for that in most of the steps; however, you may want to press all seams open to reduce bulk.

Cutting Instructions

Light blue:

- (2) 6 1/2" x LOF strips (approx. 64" and CUT PARALLEL TO THE SELVAGE)
- Cut the remaining fabric into (8) 10" x 10" (A) squares (Ribbon Star HST's)

Dark blue:

- (2) 10" x WOF strips; sub-cut into (8) 10" x 10" (B) squares (Ribbon Star HST's)

White:

- (4) 10" x WOF strips; sub-cut into (16) 10" x 10" (C) squares (Ribbon Star HST's)

Red:

- (2) 4 1/2" x WOF strips; sub-cut into (15) 4 1/2" x 4 1/2" (D) squares (Ribbon Star center)
- (1) 6 1/2" x WOF strip; sub-cut into (4) 6 1/2" x 6 1/2" (E) squares (border corner squares)

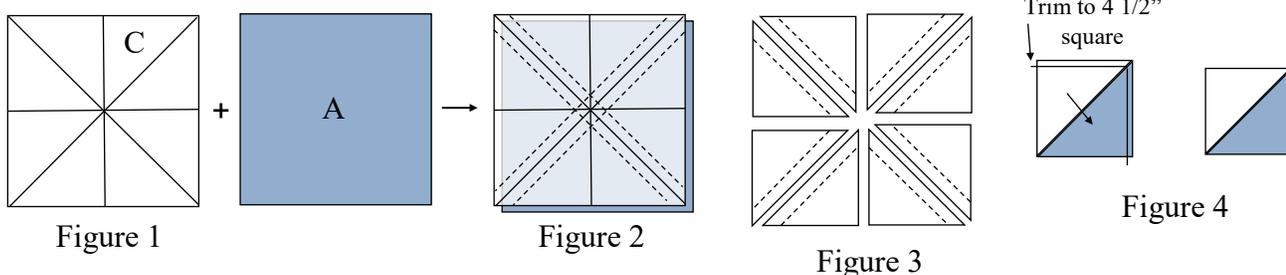
Blue/white stars:

- (7) 6 1/2" x WOF strips (borders)

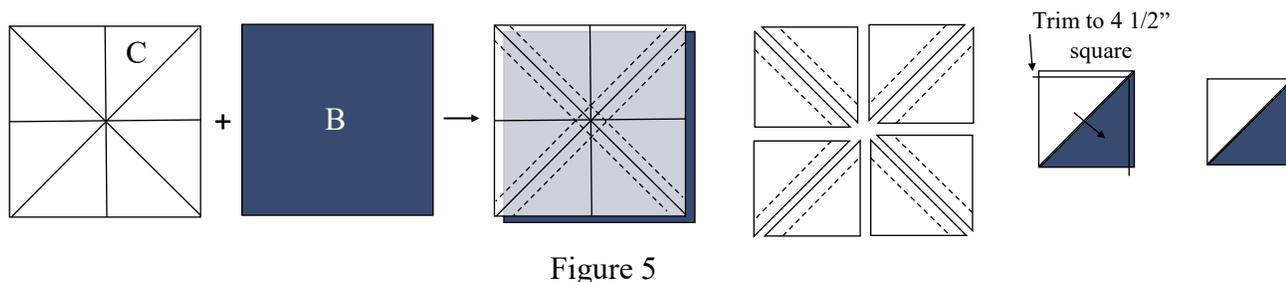
Ribbon Stars

Make the half square triangle units (HST's). Each ribbon star requires four light blue/white HST's and four dark blue/white HST's. You will be making a total of 60 HST's for each color combination.

1. On the wrong side of each 10" white (C) square, draw a diagonal line from corner to corner in both directions forming an "X". Then draw a horizontal and vertical line through the center (at 5"). (Figure 1)
2. Place a marked white (C) square, right sides together with a light blue 10" (A) square. Stitch $\frac{1}{4}$ " on both sides of the diagonal lines. (Figure 2)
3. Cut apart on the horizontal and vertical lines and the marked diagonal lines. (Figure 3)
4. Press towards the light blue.
5. Trim each HST to $4\frac{1}{2}$ " square. (Figure 4) Repeat to make 60 light blue/white HST's. You will have 4 leftover.

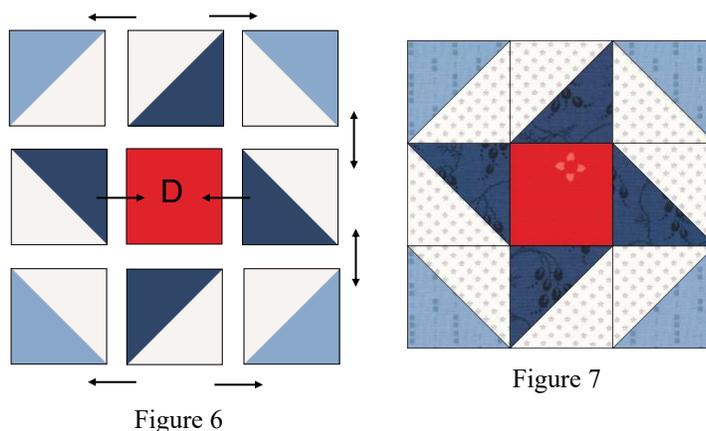


6. Using the remaining 10" white (C) squares and the 10" dark blue (B) squares, repeat steps 1 thru 3. Press towards the dark blue and trim to $4\frac{1}{2}$ " square. (Figure 5) Make 60 dark blue/white HST's. You will have 4 leftover.



Ribbon star assembly

7. Arrange the half-square triangles, and center red $4\frac{1}{2}$ " (D) square as shown. (Figure 6)
8. Sew the units together into rows and press following the pressing arrows. (Figure 6)
9. Sew the rows together to form the Ribbon Star. Press row seams open to reduce bulk or to the side. It should measure $12\frac{1}{2}$ " square. (Figure 7)



10. Make 15 Ribbon Star blocks.

Quilt top assembly

11. Join 5 Ribbon Star blocks to form a column. Press seams open. Make three Ribbon Star columns. (Figure 8)
12. Measure the length of the columns and cut both of the 6 1/2" wide light blue strips to that length. It should measure approximately 60 1/2" long.
13. Join the Ribbon Star columns to both sides of a 6 1/2" wide light blue strip to form the quilt top. Press towards the light blue column. (Figure 8)

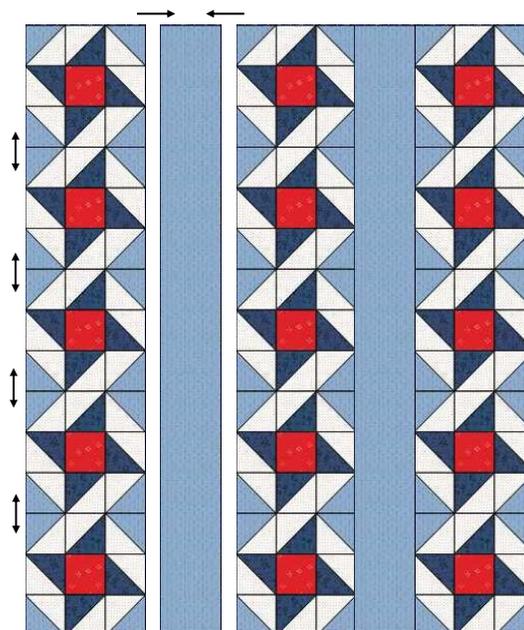


Figure 8

Add borders

14. Join the 6 1/2" x WOF borders strips together to form one long piece.
15. Measure the length of the quilt top and cut two strips to that measurement for the side borders.
16. Measure the width of the quilt top and cut two border strips to that measurement for the top and bottom pieced border.
17. Sew the side border strips to each side of the quilt top. (Figure 9)
18. Sew a 6 1/2" red E square to each end of the top and bottom border strips. Press towards the border strip. (Figure 9)
19. Sew the pieced top and bottom border strips to the quilt top. (Figure 9)

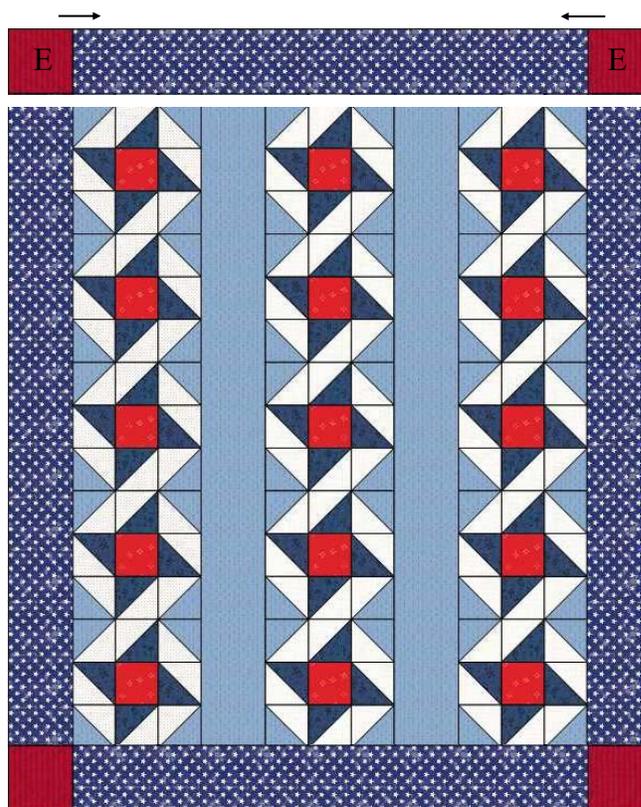


Figure 9

Finishing

20. Baste the backing, batting and quilt top.
21. Quilt as desired. Straight lines connecting the ribbons of the stars is easy and effective. (Figure 10)
22. Bind using your favorite method.
23. Don't forget a label!



Figure 10