** Preparing the Pieces and Sewing the Block **

Start by marking and cutting the Color 1 9" x 18" strip into eight 4-1/2" squares...

Next mark and cut the Color 2 2-1/2" x 20" strip into eight 2-1/2" squares...

To make the block's side units, line up a Color 2 small square with the lower left and upper right corners of a Color 1 square, right sides together. On the back of the small squares draw in the diagonals in the direction shown at far left. Sew on these drawn lines. Cut off the excess seam allowance, pressing the remainder towards the center strip. Make four units like this. Trim them off to measure 4-1/2" if needed...

Now lay out all your pieces as shown at left. Sew them into three horizontal rows, pressing row seams in alternating directions. Sew the rows together, and that's it! ...on to Page 2!
The quilt is four blocks by five, with the colors reversed in alternating blocks!

Happy Quilting!!

Marcia :o)

** Supplies List **

<table>
<thead>
<tr>
<th>Color</th>
<th>Needs</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Color 1 needs: one 9&quot; x 18&quot; strip</td>
</tr>
<tr>
<td>2</td>
<td>Color 2 needs: 2-1/2&quot; x 20&quot; strip AND one 4-1/2&quot; square</td>
</tr>
</tbody>
</table>

To the Patterns or The Quilter's Cache

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Traditional Block  http://www.quilterscache.com